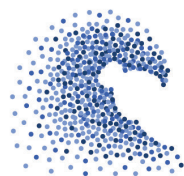




The Young
Leaders Plastic
Challenge



clean
seas
turn the tide
on plastic

TIDE TURNERS PLASTIC CHALLENGE

United Arab Emirates - Abu Dhabi
TOOLKIT

#GIVEUP
to give back

and increase your



HAND PRINT
Action Towards
Sustainability



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CEE



Centre for Environment Education


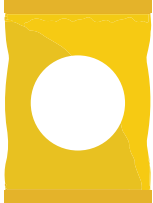

Take the Challenge, Turn the Tide

Activity 1 - Audit Your Plastic Footprint

Start a movement on single use plastics on single-use plastics by first assessing where you stand with the audit below.

1. Circle the plastic objects that you have used in past 2 months, place a check by the frequency of use and the sources from where it reaches you

POLY BAG	PACKAGED DRINKING WATER	PLASTIC STRAW	BALLOONS
			
How often do you use these products in your day to day life? (Limited to one response)			
<input type="checkbox"/> Once a week <input type="checkbox"/> Once a month <input type="checkbox"/> Once in past 2 months <input type="checkbox"/> Never	<input type="checkbox"/> Once a week <input type="checkbox"/> Once a month <input type="checkbox"/> Once in past 2 months <input type="checkbox"/> Never	<input type="checkbox"/> Once a week <input type="checkbox"/> Once a month <input type="checkbox"/> Once in past 2 months <input type="checkbox"/> Never	<input type="checkbox"/> Once a week <input type="checkbox"/> Once a month <input type="checkbox"/> Once in past 2 months <input type="checkbox"/> Never
Where do you get these products? (Multiple selection allowed)			
<input type="checkbox"/> Restaurants <input type="checkbox"/> Grocery store <input type="checkbox"/> Street food vendors <input type="checkbox"/> Malls/ Super markets <input type="checkbox"/> Other (Specify) <input type="checkbox"/> I don't use it	<input type="checkbox"/> School/ College/ Office canteen <input type="checkbox"/> Railway station/ Bus/ Airport <input type="checkbox"/> Grocery Store <input type="checkbox"/> Other (specify) <input type="checkbox"/> I don't use it	<input type="checkbox"/> School/ College/ Office canteen <input type="checkbox"/> Railway station/ Bus/ Airport <input type="checkbox"/> Other (specify) <input type="checkbox"/> I don't use it	<input type="checkbox"/> canteen <input type="checkbox"/> Street vendor <input type="checkbox"/> Restaurant <input type="checkbox"/> Other (specify) <input type="checkbox"/> I don't use it
What happens to these products after you have used them? (Limited to one response)			
<input type="checkbox"/> Thrown into the bin <input type="checkbox"/> Segregated and given to waste collector <input type="checkbox"/> Segregated and sent for recycling <input type="checkbox"/> Littered as waste on streets <input type="checkbox"/> I don't use it	<input type="checkbox"/> Thrown into the bin <input type="checkbox"/> Segregated and given to waste collector <input type="checkbox"/> Segregated and sent for recycling <input type="checkbox"/> Littered as waste on streets <input type="checkbox"/> I don't use it	<input type="checkbox"/> Thrown into the bin <input type="checkbox"/> Segregated and given to waste collector <input type="checkbox"/> Segregated and sent for recycling <input type="checkbox"/> Littered as waste on streets <input type="checkbox"/> I don't use it	<input type="checkbox"/> Thrown into the bin <input type="checkbox"/> Segregated and given to waste collector <input type="checkbox"/> Segregated and sent for recycling <input type="checkbox"/> Littered as waste on streets <input type="checkbox"/> I don't use it

TAKE AWAY FOOD (That comes with single use cutlery)	PACKAGED FOOD	STYROFOAM CUTLERY
		
How often do you use these products in your day to day life? (Limited to one response)		
<input type="checkbox"/> Daily <input type="checkbox"/> Once a week <input type="checkbox"/> Once a month <input type="checkbox"/> Once in past 2 months <input type="checkbox"/> Never	<input type="checkbox"/> Daily <input type="checkbox"/> Once a week <input type="checkbox"/> Once a month <input type="checkbox"/> Once in past 2 months <input type="checkbox"/> Never	<input type="checkbox"/> Daily <input type="checkbox"/> Once a week <input type="checkbox"/> Once a month <input type="checkbox"/> Once in past 2 months <input type="checkbox"/> Never
Where do you get these products? (Multiple selection allowed)		
<input type="checkbox"/> Online food delivery <input type="checkbox"/> Local Restaurants <input type="checkbox"/> Grocery store <input type="checkbox"/> Street food vendors <input type="checkbox"/> Other (Specify) <input type="checkbox"/> I don't use it	<input type="checkbox"/> I buy them personally <input type="checkbox"/> My family buys it for everyone at home <input type="checkbox"/> I get it through my friends <input type="checkbox"/> Railway station/ Bus/ Airport <input type="checkbox"/> School/ College/ Office <input type="checkbox"/> Other (specify) <input type="checkbox"/> I don't use it	<input type="checkbox"/> Tea stall <input type="checkbox"/> Railway station/ Bus/ Airport <input type="checkbox"/> Street Food vendors <input type="checkbox"/> School/ College/ Office <input type="checkbox"/> At party/ fest in school/ college <input type="checkbox"/> Other (specify) <input type="checkbox"/> I don't use it
What happens to these products after you have used them? (Limited to one response)		
<input type="checkbox"/> Thrown into the bin <input type="checkbox"/> Segregated and given to waste collector <input type="checkbox"/> Segregated and sent for recycling <input type="checkbox"/> Littered as waste on streets <input type="checkbox"/> I don't use it	<input type="checkbox"/> Thrown into the bin <input type="checkbox"/> Segregated and given to waste collector <input type="checkbox"/> Segregated and sent for recycling <input type="checkbox"/> Littered as waste on streets <input type="checkbox"/> I don't use it	<input type="checkbox"/> Thrown into the bin <input type="checkbox"/> Segregated and given to waste collector <input type="checkbox"/> Segregated and sent for recycling <input type="checkbox"/> Littered as waste on streets <input type="checkbox"/> I don't use it

Badge Activities

Enough talking. It's time to act. Here is the first set of challenges to get you started on your Plastic Tide Turner journey.

A. Entry level

These activities will get you thinking about how you can reduce your use of single use or disposable plastics in your daily life and start getting others to do the same.

A.1 Check your plastic footprint : Does plastic rule your life or is your plastic footprint microscopic? Or are you somewhere in the middle? Take small steps to reduce usage of single-use plastics by first assessing where you stand. Refer to the audit sheet on previous page.

A.2 Learn through fun : Learn something new by playing the following game :

Gaming for the Oceans

<https://gamingfortheoceans.org/game/index.html>

A.3 Understand the scoop on plastic : Here's a fun way to learn more about the plastics problem : Here are a couple of them worth checking out:

How humans turning the world into plastic

<http://bit.ly/2uBDwyn>

Plastic Ocean <http://bit.ly/30cPXfJ>

Share! Show off! You're a tide turner!

Completed any of the challenges yet? Make sure you shout about it and let the world know! What was fun about the challenge? What was not so great? Did you learn something that surprised you? Did you inspire anyone else? Share your photos, videos and stories through the google form links shared with you.

A.4 Take the first step to be a plastic warrior:

It's time to make a change that you want to see in the world. Take a pledge to reduce your plastic footprint .

Share with us how you got on with the challenges and then get ready for the next level



Every year, World Migratory Bird Day presents an annual theme aiming to raise awareness of issues affecting migratory birds and to inspire people and organizations around the world to take measures for their conservation. This year's theme – "Protect Birds: Be the Solution to Plastic Pollution!" – will put the spotlight on the negative impact of plastic pollution on migratory birds and their habitats.